

# *Follow-up Log*

Name \_\_\_\_\_ Date \_\_\_\_\_ Session no. \_\_\_\_\_

1. What goals or action steps were created for your next session?

_____
_____
_____
_____

2. On a scale from 1- 10 (10 being the best) how would you rate your last session?  
Why?

_____
_____
_____
_____

3. Do you have any feedback or questions?

_____
_____
_____
_____

Next appointment date \_\_\_\_\_